



COURSE DESCRIPTION

Course title	Developmental dyslexia				Developmental dyslexia		
Course code	Semester ECTS Lectures/ cla						
<u>14.0.3593</u>	winter 3 15/ (hor						
Name of the lecturer and contact	dr Marta Łockiewicz mart	a lockiewicz@ug edu pl					
Prerequisites							
Course description	dr. Marta Łockiewicz, marta.lockiewicz@ug.edu.pl none The aim of the course is to discuss developmental dyslexia in children and adults. By the end of the course, the students will have gained: a basic theoretical and practical knowledge about reading, spelling, and writing, developmental dyslexia, its deficits, symptoms, and causes; definitions of neurodevelopmental learning disorders in medical classifications, available diagnostics tools; advanced specialist vocabulary. Content areas: • reading, spelling, writing, • neurodevelopmental learning disorders: their pathomechanism, aetiology, definitions, inclusion in DSM-V and ICD-11 • developmental dyslexia in lifespan • co-morbid disorders						





	Assessment criteria: earning at least half number of points as possible to earn for: a written test (factual correctness), extra points to gain/lose: active class participation (reading assignments, discussions), attendance
Learning outcomes	By the end of the course the students will have gained: • a knowledge of English terminology concerning neurodevelopmental learning disorders used in psychology and related disciplines on an advanced level • an advanced and comprehensive knowledge about biological, cognitive, educational, emotional-social bases of psychological functioning of a person with neurodevelopmental learning disorders Student defines concepts related to reading, spelling, writing (basic level), developmental dyslexia, differentiates between developmental dyslexia and other learning problems, e.g. developmental language disorder or borderline intellectual functioning, lists symptoms characteristic of developmental dyslexia throughout a lifespan, describes/explains the essence of pathomechanism and aetiology of developmental dyslexia in the light of different approaches; understands the essence of functionality and dysfunctionality, harmony and disharmony, normality and abnormality. Student knows the rules of organising psychological and educational help for persons with developmental dyslexia. Student is able to use and integrate theoretical knowledge within the area of psychology and related disciplines (widely understood education) in order to analyse complex psychological, educational, therapeutic problems; to diagnose and design practical actions for persons with neurodevelopmental learning disorders in reading and writing (intervention). Student is able to: Communicate in English – clearly, comprehensively, precisely; Produce structured theses concerning different psychological issues related to neurodevelopmental learning disorders in reading and writing, rooted in diverse theoretical approaches, both psychological and other (mostly educational);





Student: Identifies with values, aims, and tasks carried out in psychological practice;
Is sensible, mature, and engaged in designing, planning, and implementing
psychological actions, especially those intended for persons with
neurodevelopmental learning disorders in reading and writing, including children
(cues for effective intervention); Is careful/critical about expressing opinions; Works
independently and in a team, which is task-depending; Is creative in problem solving





Course title	Introduction to systematic reviews methodology			
Course code	Semester ECTS Lectures/ classes			
14.4.0387	winter	5	30/ (hours)	
Name of the lecturer and contact	Łucja Bieleninik, e-mail	: lucja.bieleninik@ug.edu.pl		
Prerequisites	passing basic, obligator	y subjects in the field of psycho	ology	
Course description	The aim of the course is	to provide guidance to studen	ts for the contents of systematic	
	reviews methodology a	nd preparation of a protocol an	d review.	
	Course contents:			
	review and literal Cochrane Collaboration formula protocol, protocol e.g. electronic dasearch) Select studies (in Extract data from	ature review; rationale for SRs oration; PROSPERO Registry; so question & write a plan for the ation; types of health research or registration; PRISMA-P State es (eligibility criteria, search metabase searching, grey literatural mplementation of the selection in the studies (what data to collection)	review (SR as a research design; questions; PICOS model; research ement) ethods for identification of studies re and handsearching; formulate the process; screening, eligibility ect; extracting study results;	
	 converting data to the desired format, reliability and reaching consensus) Assess the risk of bias of the studies (classification scheme for bias in intervention studies; the Cochrane Collaboration's tool for assessing risk of bias) Illustrate the data & conclude overall findings (PRISMA Statement; narratively summarise the data by exploring similarities and differences between studies; 			





	interpreting results; drawing conclusion; limitation at study-level and at review-level; dissemination)
Learning outcomes	Knowledge: By the end of the course student will have an advanced & comprehensive knowledge about reviews by identifying, appraising and synthesizing research-based evidence, and presenting it in a highly structured format. Student knows and understands that systematic reviews are important for researchers, healthcare providers, and policy makers because systematic reviews aim to minimalize bias by using explicit, systematic methods. Student knows how to define systematic review and identifies types of review. He/she is aware that the publication of protocol in the Cochrane Database of Systematic Reviews (CDSR) or PROSPERO registry should be done prior to publication of the review. He/she is also aware that systematic reviews seek to collate all evidence that fits prespecifies eligibility criteria in order to address a specific research question. Student knows sources to search and sources of data. He/she defines the review question in accordance with the PICOS model, develops criteria for including studies and tools for assessing quality and risk of bias. Student knows how to provide quantitative and qualitative data interpretation.
	Skills: Student forms the review questions (is able to put a question, clearly state what it concerns, and explain how and why observations will be measured) in accordance with the PICOS model. He/she defines rationale, hypothesizes and methods of reviews. Student plans the search strategy, defines searching methods, manages references, knows how to document and report search process. Student knows what data should be collected, how to crate data collection forms and how to extract data from research reports. He/she knows how to assess risk of bias in included studies and provides information of excluded studies with a reason of exclusion. Student prepares a protocol of review in a structured methodology. He/she provides a complete, exhaustive summary of current literature relevant to a posted a priori research question. Students gives an overview about





guidelines of systematic review conducting. He/she critically analyzes data and knows how to interpret meta- analyses.

Social competence: Student has a positive approach to gathering knowledge of the studied social science discipline, and building a scientist's work experience. He/she is convinced of the necessity of conducting new systematic reviews and providing updates, because review of existing studies is often quicker and cheaper than embarking on a new study. In addition he/she is aware that systematic reviews of randomized controlled trials are key in the practice of evidence-based medicine. He/she works independently & in a team, which is task-depending. He/she has the tendency to avoid expressing absolute certainty, where there may be a small degree of uncertainty, and to avoid making over-generalisations, where a small number of exceptions might exist. He/she is critical of the sources that uses. This essentially means questioning what he/she reads and not necessarily agreeing with it just because the information has been published; looks for reasons why he/she should not just accept something as being correct or true.





Course title	Parentification in family subsystems: contexts of lost childhood				
Course code	Semester	ECTS	Lectures/ classes		
14.0.2729	winter/ summer	3	15 (hours)		
Name of the lecturer and contact	Judyta Borchet, judyta.borch	net@ug.edu.pl			
Prerequisites	None				
Course description	1. Family roles and social expectations				
	2. Definition, classifications, and consequences of parentification				
	3. Parent-focused parentific	3. Parent-focused parentification			
	4. Sibling-focused parentification				
	5. Cross-cultural contexts of parentification				
	6. Research methods on parentification				
Learning outcomes	Expanding and consolidating knowledge about the parentification process in the family.				
	The ability to define contextual factors that are related to parentification, ability to				
	understand and explain the mechanisms shaping parentification process, and the				
	consequences of role reversal in the family.				





Course title	Techniques of professional and personal development planning - career coaching			
Course code	Semester ECTS Lectures/ classes			
14.4.0410	winter	6	30 hours	
	•			
Name of the lecturer and contact	Anna Chybicka, Ph.D. a	neta.chybicka@culture4grow.c	com	
Prerequisites	none			
Course description	The course provides professional theoretical knowledge, practical skills and social competences to solve problems related to the choice of career paths and the self-development in the perspective of the entire professional and personal life. Students will gain the competencies necessary for career and personal counseling, diagnosis and risk assessment related to specific development goals, they will be able to use career development tools. The aim of the course is to teach students the rules and techniques for planning professional and personal development when working with individual clients. The course teaches how to diagnose client's personal and professional values, how to identify talents and help set developmental goals in accordance with client values and talents, how to create developmental plans using questions, analytical and metaphorical techniques, how to match development planning methods to the client's personality and cognitive preferences, how to help the client maintain high motivation in the process of achieving his/her development goals.			
Learning outcomes	development when wor Student can diagnose the set development goals create development pla	rking with individual clients. ne client's personal and profess in accordance with the career	of planning professional and personal sional values, identify talents and help counseling methodology. Student can evelopment questions and support the achieving the goal.	





Course title	School readiness			
Course code	Semester ECTS Lectures/ classes			
14.0.3333	winter	2	15/ (hours)	
Name of the lecturer and contact	-	rota.dykalska@ug.edu.pl		
Prerequisites	knowledge of basic issu	es in developmental psychology	7	
Course description	The aim of the course is to provide practical and theoretical preparation of students for a comprehensive diagnosis of school readiness of a preschool child. The course could be treated like a base of knowledge of a polish education system and also as an introduction for the course "Teaching reading & writing to young learners".			
Learning outcomes	Knowledge A student who has completed the subject - can present the various stages of diagnosis of a preschool child - can provide basic diagnostic tools that make up the child psychologist's workshop - knows how to present the principles of preparing psychological opinions based on the tools discussed Skills A student who has completed the subject - formulates psychological opinion on school readiness - organizes and hierarchizes information obtained during the diagnostic process - can fully plan the diagnostic process for the purposes of assessing school readiness			





Social competences A student who has completed the subject - is independent in analyzing the results of individual tests presented in class - shows readiness to collect information about the child from various sources - presents an attitude of openness to inconsistent data appearing during the analysis of the child's functioning - be careful when expressing opinions - shows empathy when presenting the diagnosis to parents / formal guardians
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Course title	BRAIN-OLOGY FOR KIDS AND GROWN-UPS - what we know today about human brains			
Course code	Semester	ECTS	Classes	
5.0.3024	winter	2	20 hours	
Name of the lecturer and contact Prerequisites	Michał Daszkiewicz, mich Level B1+ (CEFR) in Engli			
Course description	Throughout the course students discuss the functioning of brains in relation to multiple levels such as learning, memorizing, sleeping, emotions, etc. Particular attention is paid to popular myths concerning brains and to the discussion of the consequences of the simplified reasoning based on these myths. The course is meant to raise students' orientation in brain-related issues and in how this knowledge relates to education, work, and daily life.			
Learning outcomes	1. Interdisciplinary knowledge concerning the functioning of human brains. 2. Ability to recognize myths relating to human brains. 3. Skills in constructing brain-training exercises. 4. Awareness of limitations resulting from the weaknesses of human brains, and benefits following from the uniqueness of human brains.			





Course title	ENGLISH YOUR POLISH.			
Course code	Semester ECTS Classes			
5.0.3025	winter	2	20 hours	
Name of the lecturer and contact	Michał Daszkiewicz, <u>michal.daszkiewicz@ug.edu.pl</u>			
Prerequisites	Level B1+ (CEFR) in Eng	glish		
Course description	Throughout the course students are trained in recognizing language that is not really <i>English</i> English, and in applying structures and expressions that appear natural to native language users. Students discuss a range of typical mistakes made by e.g. Poles and become familiar with ways of avoiding them (so as not to fall victims to the so-called fossilization of language). Additionally, the course provides training in linguistic conventions and in constructing native-sounding texts.			
Learning outcomes	language that can be vie and in the use of its natu	wed as non-English English. 3. Sk	lish and English. 2. Ability to avoid kills in applying the logic of English A. Awareness of the interference of the interfere	





Course title	ENGLISH TED TALKS - DISCUSSING AND PRESENTING				
Course code	Semester ECTS Classes				
5.0.3026	winter	2	20 hours		
Name of the lecturer and contact	Name of the lecturer and contact Michał Daszkiewicz, michal.daszkiewicz@ug.edu.pl				
Prerequisites Course description	Level B1+ (CEFR) in Eng	glish			
•	Throughout the course students combine two things: discuss and assess different TED Talks chosen by the lecturer and by themselves, and work on the development of their own TED Talks on any topics of their preference. The course is meant to serve several purposes: to provide a platform for discussion of interesting educational issues, to help students improve their skills in speaking to an audience, to provide opportunities to present ideas which students themselves find important and worth developing in talk, and to promote English talks as a form of highly educational entertainment (as the level of discussing and presenting them).				
Learning outcomes	1. Knowledge concerning good presentations and TED Talks rules. 2. Ability to recognize weaknesses and strengths of thematic presentations, and to construct a short presentation based on TED Talks' formula. 3. Basic skills necessary for effective public speaking. 4. Awareness of linguistic qualities of a good TED Talk				





Course title	The effectiveness of education and upbringing based on cognitive -					
	behavioural theory					
Course code	Semester ECTS Lectures/ classes					
5.0.2719	winter	2	20/ (hours)			
Name of the lecturer and contact	Justyna Siemionow, ema	nil: justyna.siemionow@ug.edu.pl				
Prerequisites	the fundamental knowle	edge of human developmental psy	chology			
Course description	1. The Cognitive – E	Behavioural Theory- CBT model.				
	2. Establishing CBT	therapeutic alliance in education				
	3. Psychoeducation	: teaching, supporting and motiva	iting.			
	4. Core beliefs – identifying and modifying the source of maladaptive thoughts.					
	5. Automatic thoughts and behavior.					
	6. Question worksheet as an important educational tool.					
	7. The activity monitoring and scheduling as a single technique.					
	8. How to use the CBT model in education: advantages and disadvantages.					
	9. How CBT concept can help us to understand students'/pupils' psychological					
	problems?					
	10. Innovation in educational work based on CBT.					
Learning outcomes	The student is able to arrange and conduct simple pedagogical research and he/she can					
	come to conclusions bas	ed on cognitive-behavioral theory	у.			
	Student can design and	perform pedagogical activities ba	sed on CBT.			
	_	her social competences (working				
		-				





Course title	Philosophy of Science			
Course code	Semester	ECTS	Lectures/ classes	
8.1.0453	winter	2	30/ (hours)	
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Name of the lecturer and contact	Patryk Dziurosz-Serafir	owicz, patryk.dziurosz-serafin	owicz@ug.edu.pl	
Prerequisites	-			
Course description	science. What is science	and what distinguishes it fron	lems discussed within philosophy of n "pseudo-science" and other kinds of	
	knowledge? What is the scientific method, and on what basis can it ensure the objectivity of scientific results?			
	How does science explain our observations and experiences? Does scientific knowledge progressively grow in a linear way or is its evolution dominated by radical revolutions? On			
	the whole, the course gives students a robust understanding of how science works.			
	Additionally, we will discuss problems pertaining to the sociology of science, philosophy of			
	probability, and to the philosophy of biology.			
	Form of classes: lectures + text analysis and discussion/ group work.			
	Assessment: A grade in this course will be awarded on the basis of a final paper (min 5 and			
	max 8 pages) and active participation in the course. The paper should be devoted to one of			
	the topics discussed wi	thin this course.		
Learning outcomes	 Students will gain knowledge about how sciences work. Students will gain the ability to think critically about the methods of science and the results of science. 			





Course title	Critical Thinking					
Course code	Semester	ECTS	Lectures/ classes			
8.1.0351	winter	2	30 (hours)			
Name of the lecturer and contact	Artur Szutta wnsasz@u	g.edu.pl				
Prerequisites	Ability to communicate	in English.				
Course description	The following subjects v	will be discussed:				
	1. Why critical thinking	is important.				
	2. What makes a good a	rgument.				
	3. Premises and conclus	sions.				
	4. Language.					
	5. Various kinds of argu	5. Various kinds of arguments				
	a. Propositional Arguments					
	b. Categorical Arguments.					
	c. Analogical arguments					
	d. Statistical arguments					
	e. Causal Arguments					
	f. Moral Arguments					
	G. W. Rainbolt, S.L. Dwyer, Critical Thinking. The Art of Argument, Wadsworth 2012.					
	A script, written by the lecturer (which will be sent to students for each meeting).					
	The effects will be verified through a series of small tests as well as through interaction					
	with students during th	e classes.				





Learning outcomes	After the course, students will be able to identify and evaluate arguments. They will also be able to standardize arguments, draw the diagrams, of arguments as well as form arguments of their own.
	The student knows basic English terminology used within a reflection on critical thinking (K1_W03); knows the criteria of arguments evaluation; knows various kinds of arguments, and various kinds of argumentative fallacies (K1_W09)
	The student is able to identify, standardize, formulate, and evaluate arguments (K1_U07; K1_U09), as well as formulate counterarguments (K1_U17).
	The student realizes his or her limitations and is open to new ideas and criticism of his views (K1_K01; K1_K02).





Course title	Pop nature and pop culture		
Course code	Semester	ECTS	Lectures/ classes
19.0.0028	Winter/summer	1	15/ (hours)
Name of the lecturer and contact	Grzegorz Kapuściński g	rzegorz.kapuscinski@ug.edu.pl	
Prerequisites	Ability to communicate	in English.	
Course description	The purpose of the course is to research various conceptions and problems related to relations between nature and culture in wide cultural context: gender, spatial, power relations, speciesism, relations between human and non-human, etc. Different cases of representation of that relation in popular culture texts are also analysed.		
Learning outcomes	Student has the knowledge about ambiguity and multidimensionality of terms of nature and culture and their arbitrariness. Can seek and analyse a variety of semiotic structures build in texts of popular culture. Can express, argue and defend his/her/their position in discussion.		





Course title:	Lidership and political elites			
Course code: <u>14.1.1101</u>	Semester ECTS		Lectures/ classes	
	winter	2	15/ (hours)	
Name of the lecturer and contact	Jarosław Nocoń jaroslaw.ne	ocon@ug.edu.pl		
Prerequisites	Preliminary knowledge on	Preliminary knowledge on political science		
Course description	The course covers the basic concepts and terms necessary to describe and explain models of political power structures, analyze the processes of selecting and creating political actors and knowledge about the main elite theories.			
Learning outcomes	advanced knowledge of elit	e theory, political leadershi	p and structures of political power	





Course title	Gender studies in international perspective				
Course code	Semester ECTS Lectures/ cl				
14.2.0473	winter	2	30 / (hours)		
Name of the lecturer and contact	Magdalena Żadkowska r	nagdalena.zadkowska@ug.edu.	.pl		
Prerequisites	First year of social studi	es accomplished			
Course description	Goal: Dissemination of the	ne basic social theories related	to gender studies.		
	Program:				
	Introduction to Course				
	Biological and Evolutionary Perspectives				
	Cultural Perspective				
	Educational Perspective				
	Social roles and stereotypes				
	Household and second shift task				
	Gender and Communiacation				
	Gender Issues and Migration				
	Stereotypes of Men and Women in International Perspective				
	Reproductive Rights				
	Health and Gender				
	Gender in Academia				
Learning outcomes	Becoming familiar with	differences connected with play	ying gendered social roles in		
	different countries, cons	cient and unconscient gender b	oias and intergender relations.		





Course title	The Basics of R Programming		
Course code	Semester	ECTS	Lectures/ classes
14.2.0437	winter/ summer	2	30 / (hours)
Name of the lecturer and contact	Maciej Brosz, <u>maciej.bro</u>	sz@ug.edu.pl	
Prerequisites	No formal requirements		
	Basic knowledge of stati	stics is welcome, but not obligate	ory. It helps.
Course description	R language is a powerful and effective tool used by the researchers of many disciplines in the whole world. The programming skills expand the research opportunities and increase the value on labour market. It is worth to try modern approach to data analysis. Interested in making the first steps into data and – then – Big Data analysis, but you are afraid of computers and programming, join this course.		
Learning outcomes			n the environment to work with a transformation, statistical testing,





Course title	Qualitative Research in Social Sciences					
Course code	Semester	Semester ECTS Lectures/ classes				
14.2.0472	summer	2	30			
Name of the lecturer and contact	Bogna Dowgiałło bogna	.dowgiallo@ug.edu.pl				
Prerequisites	A student has to communicate in English with moderate fluency, understands basic sociological terms and theoretical concepts. Can write and present well developed texts, accurately using basic sociological vocabulary.					
Course description	1. The quantitative/qua		aradihility analysis			
	2. The characteristics of qualitative study: a goal, sampling, credibility, analysis3. Theoretical approaches: symbolic interactionism, ethnomethodology, phenomenology4. Classical ethnographies:					
	 early Chicago School of Sociology the golden age of qualitative research in the USA (H. Becker, A. Strauss, E. Goffman, L. Lofland) 					
	5. Qualitative research in social sciences: when sociology meets psychology, linguistics, health studies, geography and pedagogy					
Learning outcomes	A student is familiar with the most important studies and key methodologies used in qualitative research.					





Course title	Behavioral addictions – theory, research, current clinical status and				
	interventions				
Course code	Semester	ECTS	Lectures/ classes		
14.4.0295	summer	5	30/ (hours)		
Name of the lecturer and contact	Paweł A. Atroszko p.atro	oszko@ug.edu.pl			
Prerequisites	ability to communicate	in and comprehend English.			
Course description	 Theoretical background of behavioral addictions: similarities and differences with substance addictions Different behavioral addictions: pathological gambling, food addiction, video game addiction, internet addiction, social networking sites addiction (Facebook), work addiction, 				
	study addiction, sex addiction, love addiction, shopping addiction, pornography addiction, exercise addiction. • Operational definitions of behavioral addictions and measurement issues				
	 Behavioral addictions, stress and emotion regulation Potential causes of behavioral addictions, including genetic and environmental risk factors, with special focus on personality Gender differences in addictive behaviors Consequences of behavioral addictions – deteriorated psychosocial functioning Behavioral addictions and cognitive processes: attention, memory, critical thinking Neuroscience of behavioral addictions: brain correlates and physiological changes Current clinical status of different behavioral addictions Preventive and therapeutic interventions for behavioral addictions 				





Learning outcomes	During the course students will learn about theoretical background of behavioral
	addictions and current relevant research, including similarities and differences with
	substance addictions.
	Learning about behavioral addictions will allow students to develop broad knowledge and
	raise awareness about the nature of behavioral addictions, including the variety of different
	behaviors which may be problematic and specificity of different potential behavioral
	addictions.
	During the course students will learn definitions and symptoms of different behavioral
	addictions, and issues related to their assessment, as well as basic issues related to
	designing research projects concerning behavioral addictions.
	Students will learn about basics of biological and psychological mechanisms underlying
	addiction, including emotion regulation/stress coping, cognitive processes, brain
	correlates, and physiological changes related to addictive behaviors.
	Students will learn about the relationship between behavioral addictions and emotional
	regulation in the context of stress reactions.
	Students will learn about the potential causes of different behavioral addictions, including gender differences in addictive behaviors.
	Students will learn about consequences of behavioral addictions for psychosocial
	functioning.
	Students will learn about interventions for addictive behaviors, including spirituality based
	interventions.
	Through practical exercise of developing a project of workshops/trainings connected to
	behavioral addictions and created for a specific group of people, or a research project,
	students will have opportunity to apply learned knowledge and skills in designing
	solutions for real life problems.





Cultural adaptation training - effective work in multicultural settings		
Semester	ECTS Lectures/ classes	
summer	3	15/ (hours)
		•
-	•	
of the description of the	course you can freely attend thi	is course).
During the course students will look at different issues concerning diversity: cultural, gender, national differences and norms and how they affect our functioning in different cross-cultural situations. One of such situations involves being an Erasmus student. But no only - how to incorporate important diversity issues within an organization/group/team/class? What can become more visible when different cultures meet are communication problems Then a question arises: how to deal with them when they appear and how to prevent communication conflicts from escalating? Issues of culture and diversity have started to be of great importance in many global European institutions and organizations (e.g. companies). During a practical workshop a multicultural group consisting of students from Poland and our guest students from Erasmus program will have a chance to summarize their		Tect our functioning in different being an Erasmus student. But not hin an neet are communication problems. It is appear and how to prevent re and diversity have started to be so and organizations (e.g. sting of students from Poland and hance to summarize their
-		
	nsions – cultural keys and its use	e when contacting representatives
	Semester summer Vatasza Kosakowska-Bereconditions: ability to of the description of the furing the course studes and the course studes and the course studes and the course studes are consecultural situations only - how to incorporate and the course more of the aquestion arises: hommunication conflicts of great importance in mompanies). Ouring a practical works our guest students from experience being abroact after this course you will work styles and comm	Semester summer 3 Vatasza Kosakowska-Berezecka, natasza.kosakowska@u Preconditions: ability to communicate in and comprehent the description of the course you can freely attend the Ouring the course students will look at different issues of the description of the course you can freely attend the Ouring the course students will look at different issues of the description of the course you can freely attend the Ouring the course students will look at different issues of the course of such situations involves only - how to incorporate important diversity issues with organization/group/team/class? What can become more visible when different cultures in the communication conflicts from escalating? Issues of cultured great importance in many global European institution ompanies). Ouring a practical workshop a multicultural group consider guest students from Erasmus program will have a charperience being abroad and use the knowledge in their after this course you will gain knowledge on: Work styles and communication norms in different cultural cultural dimensions—cultural keys and its use





Conflict – its origins and solving strategies in multicultural settings
Practical adaptation models – stages, problems, opportunities
Psychological counseling in the cultural adaptation processes
Train the trainers – basics of group processes and training planning





Course title	Health & Wellbeing			
Course code	Semester	ECTS	Lectures/ classes	
14.4.0469	summer	5	30/ (hours)	
Name of the lecturer and contact	Agata Rudnik (agata.ru	dnik@ug.edu.pl)		
Prerequisites	None			
Course description	Course contents:			
		cial and physical wellbeing		
		nd how to effectively cope with		
	(stress management and introduction to mindfulness, biofeedback and relaxation training.) 3. Healthcare and chronic illness			
		ation, and psychosocial adjustm	ent of patients with serious health	
	problems)	logy		
	4. Psychoneuroimmund 5. Food and health	nogy		
		lth habits and lifestyles)		
	6. Relationships and sea	• •		
	(including cultural cont			
	7. Ageing	CALJ		
		and changes, biggest challenges		
	_	and preventing illness; alcohol		
	obesity)	and preventing niness, alcohor	abase, smoking, panikiners,	
	10. Effective research practice			
	(quantitative and qualitative research methods – interpretative phenomenological			
	IPA as an example of methodology)			
	*	<i>5.)</i>		





	The course content and the syllabus is based on guidelines established by the Society for Health Psychology - Division of Health Psychology of the American Psychological Association (APA).
Learning outcomes	The emphasis on this course is on learning how health is affected by the psychological condition of individuals of all ages and how to improve mental, emotional, social and physical wellbeing. Both mental and medical care will be included. The program is designed to establish a pattern and skills to pursue a lifestyle which will help to promote the health and wellbeing of the next generation. Students will also have the unique opportunity to develop and combine habits and strategies in the cooperation with academic and business environment. The last part of the course is devoted to research practice





Course title	Mindfulness - theory, research and practical applications			
Course code	Semester ECTS Lectures/ classes			
14.4.0296	summer	5	30/ (hours)	
Name of the lecturer and contact	Paweł A. Atroszko p.atroszko@ug.edu.pl			
Prerequisites	ability to communicate	in and comprehend English.		
Course description	Theoretical backgroun	nd of mindfulness, and meditation	traditions	
	 Operational definition 	s of mindfulness and measureme	nt issues	
	Mindfulness, stress an	d emotion regulation		
	 Mindfulness and cogni 	itive processes: attention, memor	y, critical thinking	
	Neuroscience of mindfulness: brain correlates and physiological changes			
	Mindfulness and (self-)acceptance, (self-)compassion, empathy, forgiveness and love			
	Mindfulness and health and well-being			
	Mindfulness and addictions			
	Mindfulness, marriage and personal relationships			
	• Applications of mindfulness: clinical settings, education, workplace, prisons, seniors,			
	adolescents and children, army, sport, parenting, health professions, quality of life			
	interventions, stress reduction			
	Philosophical ramifications of mindfulness			
Learning outcomes	During the course students will learn about theoretical background of mindfulness practice			
	and current relevant research, as well as will have opportunity to learn and practice basic			
	mindfulness exercises and techniques throughout the course, including breathing			
	exercises, body scan, mindful observation, listening, walking and talking, unfamiliarizing			
	known objects, training	senses etc. Training mindfulness	will allow students to develop	
	positive attitude toward	ls this practice via personal exper	ience.	





During the course students will learn definition of mindfulness and issues related to its assessment, including multidimensional psychometric tools for measuring different facets of dispositional mindfulness, as well as basic issues related to designing research projects about mindfulness.

Students will learn about basics of biological and psychological mechanisms underlying mindfulness, with special focus on cognitive processes, brain correlates, and physiological changes appearing with short and long term mindfulness practice.

Students will learn about the relationship between mindfulness and emotional regulation in the context of stress reactions.

Students will learn about the relationship between mindfulness and health and well-being. Students will learn about vast areas of practical applications of mindfulness from clinical settings and prisons to education and workplace, and from parenting, marriage and personal relationships to improving sport performance.

Students will learn about basics of philosophical ramifications of mindfulness in western and eastern traditions.

Through practical exercise of developing a project of workshops/trainings connected to mindfulness and created for a specific group of people, students will have opportunity to apply learned knowledge and skills in designing solutions for real life problems.





Course title	Siblings and siblings relationships		
Course code	Semester	ECTS	Lectures / classes
14.4.0470	summer	3	15 (hours)
Name of the lecturer and contact	Judyta Borchet, judyta.b	orchet@ug.edu.pl	
Prerequisites	None		
Course description	1. Sibling subsystem: constellation, sibship number, birth order, gender, age range 2. Sibling relationships during lifespan – from the cradle to the grave 3. Processes related to sibling relationship: support, rivalry, loyalty, (de)identification 4. Becoming a sibling – from a crisis to development 5. Sibling relationships in the context of chronic diseases and disabilities 6. Sibling-focused parentification 7. Siblings in cross-cultural context 8. Research methods for studying siblings		
Learning outcomes	Deepening and consolidating knowledge about relations in siblings. The ability to define concepts and to understand and explain the psychological mechanisms underlying relationships between siblings.		





Course title	Teaching reading & writing to young learners		
Course code	Semester	ECTS	Lectures/ classes
14.0.0537	summer	3	15/ (hours)
Name of the lecturer and contact	dr. Marta Łockiewicz, m	arta.lockiewicz@ug.edu.pl	
Prerequisites	none		
Course description	none The aim of the course is to present Marta Bogdanowicz's Good Start Method, stemming from the multisensory approach to instruction. By the end of the course student will have gained: basic theoretical and practical knowledge about early education, literacy instruction, and the Good Start Method; the skill of planning and holding GSM sessions. Content areas Theoretical bases (early literacy instruction, multisensory learning and instruction, methodology of working with young learners, early development support), the origins of GSM, the assumptions, structure and sessions planning of, adjustment to various age groups; practical activities Assessment criteria: written assignment: GSM session plan (factual correctness, originality and correctness of suggested solutions, attractiveness for children); extra points to gain/lose: active class participation (engagement in practical activities, discussions), attendance		
Learning outcomes	By the end of the course the students will have gained: • a knowledge of English terminology and concepts concerning early education,		





literacy

instruction, and the Good Start Method used in psychology and related disciplines on an advanced level.

Student defines concepts related to early literacy instruction. Student knows the rules of organising psychological and educational help for children at risk of developmental dyslexia. Student knows selected nursery rhymes and games for preschoolers and primary school students; knows and understands the methodology of early literacy instruction.

Student is able to use and integrate theoretical knowledge within the area of psychology and related disciplines (widely understood education) in order to analyse complex psychological, educational, or therapeutic problems; to diagnose and design practical actions for children at risk of dyslexia (intervention).

Student is able to prepare and hold sessions in accordance with the assumptions and structure of Marta Bogdanowicz's Good Start Method.

Student:

Identifies with values, aims, and tasks carried out in psychological practice; Is sensible, mature, and engaged in designing, planning, and implementing psychological actions, especially those intended for children at risk of dyslexia (intervention);

Is careful/critical about expressing opinions;

Works independently and in a group;

Is creative in problem solving.





The psychology of language				
Semester ECTS Lectures/ classes				
summer	3	15/ (hours)		
	arta.lockiewicz@ug.edu.pl			
none				
	2 2	inguistics. The students can learn		
about theory on language and communication.				
What is language?				
Biological bases of language				
Grammar: morphology, syntax, semantics, phonetics				
Assessment criteria:				
acquiring at least half points possible to score in: a written test with single choice				
questions, 1 short written assignment, extra points to gain/lose: active class				
participation (discussions, in-class assignments)				
Students have a basic knowledge about biological bases of human communicative				
behaviours; they define the concepts: grammar, phonetics, morphology, syntax,				
Students can use and integrate theoretical knowledge in the field of psychology and related				
	elf-conscious when wording their	opinions.		
	Semester summer dr. Marta Łockiewicz, manone The aim is to instruct strabout theory on language What is language? Biological bases of language Grammar: morphology, Assessment criteria: acquiring at least half porticipation (discussion) Students have a basic krabehaviours; they define pragmatics, and semant Students can use and interest fields (especially linguis related to language.	Semester summer 3 dr. Marta Łockiewicz, marta.lockiewicz@ug.edu.pl none The aim is to instruct students about the bases of psychol about theory on language and communication. What is language? Biological bases of language Grammar: morphology, syntax, semantics, phonetics Assessment criteria: acquiring at least half points possible to score in: a writte questions, 1 short written assignment, extra points to gair participation (discussions, in-class assignments) Students have a basic knowledge about biological bases of behaviours; they define the concepts: grammar, phonetics pragmatics, and semantics. Students can use and integrate theoretical knowledge in the fields (especially linguisites) in order to examine psychological to the summer process.		





Course title	International Relations Theory			
Course code	Semester ECTS Lectures/ classes			
14.1.1090	winter/ summer	3	30/ (hours)	
Name of the lecturer and contact	dr Wojciech Grabowski,	wojciech.grabowski@ug.edu.j	pl	
Prerequisites	History of International	Relations		
Course description	The aim of the "Theories of International Relations" lectures is to familiarize students with the main theories of international relations and their usefulness in the analysis of international politics. During the course we will refer to political and international events that confirm the assumptions of the theory of international relations.			
Learning outcomes	After completing the course, students will be able to combine the theory of international relations with the practice of international life and understand the causes and evolution of contemporary international politics.			





Course title	Love, relationships and masculinity in African migrations				
Course code	Semester ECTS Lectures/ classes				
14.2.0478	summer	2	30 (hours)		
Name of the lecturer and contact	Magdalena Brzezińska r	magdalena.brzezinska@ug.edu.pl			
Prerequisites	Ability to communicate	in English.			
Course description	1. The romantic lov	ve ideal (Europe, Brazil, Africa).			
_	2. Polyamoric relat	cionships and romance in Guinea-B	Bissau		
	3. Sex, sexuality, ne	egotiating Africanness and masculi	nity in Kenya		
	4. Migration, the m	odern male rite of passage (Guinea	a-Bissau)		
	5. Gender and Migr	ration. The gendered geographies o	of power (worldwide)		
	6. Visa problem. Mi	igration restrictions and kin relation	onships (the Gambia)		
	7. Village – city – E	urope. Modernity and dreams of m	nigration in Africa (Guinea-		
	Bissau)				
	8. Quest for 'luck'. Fortune, male destiny and migration (the Gambia)				
	9. To Europe via the Beach. Men's relationships with tourists as a migration strategy (the Gambia, Senegal, Guinea-Bissau, Kenya)				
	10. Transactional love, patronage and female migration (Mozambique)				
		intergenerational transformation	• •		
		Subordinated Masculinities (Moza			
	13. Transcontinental polygamy and hegemonic masculinity (Guinea-Bissau, Kenya, Nigeria)				
	14. Transnational family: status of the migrant and long-distance family ties (Guinea-Bissau, the Gambia)				
	15. Gender and Extramarital Sex (Nigeria)				
Learning outcomes					





Course title	The challenges for men & women in XXI century				
Course code	Semester	ECTS	Lectures/ classes		
14.2.0505	summer	2	30 / (hours)		
Name of the lecturer and contact	Magdalena Żadkowska, Radosław Kossakowski				
Prerequisites	First year of social studi	es accomplished			
Course description	Gender in World Perspective				
	Gender stereotypes and	prejudices across cultures			
	Manhood across cultures				
	Womanhood across cultures				
	Contemporary intimate relations				
	Labour market and gender				
	The role and significance of gender in the field of Science, Technology, Mathematics &				
	Medicine				
	Men, women & sport				
	Policies regarding men and women				
Learning outcomes	The aim of the course is to develop and deepen the knowledge of contemporary challenges				
	for men and women. During the course, students will learn about the latest literature on				
	the subject - both dedicated to the theory and empirical research, related to the socio-				
	cultural determinants of being a woman and a man. The educational aim will be to acquire				
	the competences of critical thinking in the context of culturally defined gender differences.				





Course title	Subjectivity - human and post-human			
Course code	Semester ECTS Lectures/ classes			
14.0.3546	summer	2	20/ (hours)	
Name of the lecturer and contact	Prof. Tomasz Szkudlare	k; email tomasz.szkudlarek@ug	g.edu.pl	
Prerequisites				
Course description	 Theories of identity and subjectivity for education and cultural studies (e.g. Hegel, Marx, Freud, Lacan, Ricoeur, Laclau) Humanistic pedagogy vs. "the end of Man" in contemporary theory Consciousness and the unconscious: Can psychoanalysis "work" on the posthuman? EXEMPLARY CULTURAL REPRESENTATIONS: Dead Ringers (film by David Cronenberg): The body and the self The Mask (Short story by Stanisław Lem): Gender and robotic subjectivity Westworld (HBO series): How one becomes (in)human Bladerunner (Riddley Scott's film): Machines as political subjects 			
Learning outcomes	K_W06 (P7U_W, P7S_W	G): Students understand conter	conditions of educational processes mporary knowledge on human developments of modern technology	





Course title	Solidarity				
Course code	Semester ECTS Lectures/ classes				
14.0.3547	summer	3	20 hours		
Name of the lecturer and contact	Maria Mendel <u>maria.mene</u> Marcin Boryczko <u>marcin.b</u>				
Prerequisites	Reading basic, recommended literature. Preparing a poster illustrating the student's project (<i>Solidarity: contemporary meanings, my understandings</i>) and the written agenda of the 10-minutes student's speech initializing the discussion around the project. Participation in the classes (minimum required to pass the course: 70%)				
Course description	Classes will be held in-site (at the Faculty of Social Sciences building) and out-site, e.g. at the European Solidarity Center in Gdańsk. The course of the classes was planned by the lecturers as 1 / their short welcoming lecture, introducing the issues that are to become the basis for students' reflection and activities, 2 / presentation of the proposed activities, 3 / exchange of thoughts and discussions during and after these activities. These activities include: visiting and discussing the elements of the permanent exhibition at the European Solidarity Center; wandering with the book guides "Gdańsk according to Lech Wałęsa" or "Gdańsk according to Paweł Adamowicz" and analyzing the significance of place in shaping the idea and practicing solidarity, etc. Among the aims of the classes, incl.: understanding the processes of the construction and the formative role of the meanings of solidarity in the various contexts (social, educational,				





	as a <i>conditio sine qua non</i> of the "society/politics of equals"; creation of the opportunities in which students get valuable information about their own orientations toward cultural difference and commonality, and become able to work on them for the solidarity across boundaries.
Learning outcomes	K_W07: Students understand the nature of social bonds and their significance for education and learning. K_U05: Students can present their ideas, doubts or suggestions while observing ethical values, and to support their ideas with rational arguments related to academic knowledge. K_U08: Students can apply theoretical knowldge in analysing practical issues K_K08: Students are ready to act responsibly for the promotion of social equity and solidarity.





Course title	Work & Popular Culture: emancipations of late capitalism era		
Course code	Semester	ECTS	Lectures/ classes
5.0.2928	summer	3	20 (hours)
Name of the lecturer and contact	Piotr Stańczyk piotr.stanczyk@ug.edu.pl		
Prerequisites			
Course description	(1) Work & Education: sociological theories of reproduction and critical pedagogy.		
	(2) Education and economic inequalities.		
	(3) Boredom in education – possible explanations and if the boredom could mean		
	emancipation?		
	(4) Popular culture – emancipatory perspective.		
	(5) Social-science-fiction: from Utopia to Black Mirror.		
	(6) Escapism of popular culture		
	(7) Is this the end of capitalism? Ecological disaster as a new Apocalypse.		
	(8) Star Trek or Mad Max – are there social alternatives?		
Learning outcomes	Understanding the complexity of work process culture of late capitalism according to		
	educational issues, social activism and escapism.		
	Knows in depth main currents of modern critical and emancipatory pedagogy, understands		
	historical and cultural c	onditions of education in late cap	pitalism. K_W07 knows in depth
		ations in educational perspective	
	Student is able to use th	eoretical educational models to	analyse complex social issues of
	learning. K_U04 is able to express thoughts in written language, is able to construct		
	complex reasoning on educational problems using numerous theoretical frameworks of		
	philosophy, sociology a	nd pedagogy.	





Course title	Social Media		
Course code	Semester	ECTS	Lectures/ classes
5.0.2929	summer	2	20/ (hours)
Name of the lecturer and contact	Michalina Rutka michalina.rutka@ug.edu.pl		
Prerequisites	English level min. B2		
Course description	Basics of netnog	Basics of netnography	
	2. Phenomenon of digital photography – privacy made public		
	3. Idealized reality in blogs and its social impact on real world		
	4. Self-stories expressed online – mimesis of the XXI century among the adolescents		
	5. Building community in virtual realms		
	Presence 30% - active participation during the classes; 30% - group project; 40% - active participation of each member, collaboration within the group		
Learning outcomes	media such as identity of vital for young modern social media users and K_W07 – knows different	construction and community by teachers and educators who w tutors of social media users.	n view in human aspects of social ailding processes. This knowledge is ill develop their careers both as





K_W09 – knows and understands cultural background of educational processes K W13 – knows and understands different educational environments and processes happening in K_U05 – is able to present their ideas, doubts and suggestions, support them with adequate arguments in the context of chosen theoretical background K U07 – is able to observe, diagnose and give rational mark of sophisticated educational situations, analyze motives and patterns of human behavior K_U13 – is a B2 level of English user K_K01 – is ready to deepen their knowledge independently, develop their professional and personal skills constantly, K_K06 – is ready to be responsible for their own work preparation, decisions, actions and their results; as well as take responsibility for their co-workers (and to build relationship based on trust) K_W07, K_W09, K_W13 - online content analysis, discussion K_U05, K_U07, K_U13 - online content analysis, teamwork K K01, K K06 - discussion, teamwork





Course title	Picturebook		
Course code	Semester	ECTS	Lectures/ classes
5.7.0242	summer	2	15/ (hours)
	1		
Name of the lecturer and contact	Małgorzata Cackowska		
Prerequisites	English level -min. B2		
Course description			
	The course will investigate the issues of socialization, reading and image cultures, politics		
	of representation and childhood studies. The aim of the lecture is to create an opportunity		
	for critical analysis of the contemporary picturebooks' phenomena and make such a		
	knowledge and competency useful in educational practice.		
	Content:		
		-pedagogical ideology) analysis	of childhood occurred in
	picturebooks for children. (meaning of significant professional and non-professional adults		
	mediators between book and a child.)		
	2/ An introduction to history and theory of picturebooks (word-picture relations;		
	educational potential of picturebooks perceived as a significant cultural medium; visual		
	•		
	literacy and reading pictures competency)		
	3/ Analysis of the thematic content of contemporary picturebooks (taboo, gender		
	stereotypes, power relations), analysis of chellenging and controversial picturebooks		





	4/ Analysis the meaning of the formal aspects of picturebooks (aesthetics of artistic and mass production) for developing visual literary skills
P7U_U P7S_UW P7U_W P7S_WG P7U_U P7S_UW P7S_WK P7U_U P7S_UW P7U_K P7S_KK P7U_K P7S_KR	K_W06 Student knows historical and contemporary issues on influences of educational ideologies and cultural and social discourses for the cultural production of picturebooks for children. K_W12 Student knows fundamental aspects of the functioning social market of books for children and cultural and social meanings of picturebooks in different societies. K_U10 Student can develop children's visual and emergent competencies, their interest and creative and critical thinking using contemporary picturebooks as a educational tool